



SMA KARATE & PATRY TOTAL FITNESS

Presenting Caley

Age: 13



KARATE

Goju Ryu
2nd Kyu Brown Stripe

ACADEMICS

Amherstview Public
School Grade 8
Favorite subject:
Art

KARATE JOURNEY

Caley started training in karate at the age of five. She spends three to five hours a week in the dojo training for her belt level requirements, training for the provincial and national competitive season and assisting instructing child karate programs once a week.

KARATE EVENTS

Throughout the year, Caley attends open and provincial tournaments and attends in more than one training convention per year.

This year she placed in the 2019 Ontario Karate Federation (OKF) Tournament in the Kumite division and is attending Nationals.

PERSONAL INTERESTS & ACTIVITIES

Caley has wonderful artistic ability and put her skills to use by making 2D and 3D animation videos on her electronics and making YouTube videos using the art she creates.

At school Caley is a member of the Skills competition team and has competed in the Limestone skills program. She enjoys camping, playing soccer in the summer, family time and creating her own art. Caley also participates in various fundraising events with her school and Karate club.

FROM THE STUDENT

I compete because I enjoy it. I get to learn new skills and meet new people who like to compete as well. It also gives me a sense of pride and accomplishment when I earn medals. What I like about competing is learning new techniques to defeat my opponents. Every time I compete with other athletes, I try to use what I have learned in karate.

